Into The Woods Friday 21 july 2023

	Stage	Magical forest	Workshop tent		Brunnsbacka	Amphi-theatre	Meet-up at the festival sign	The fireplace	Food Court
09.00									
10.00									
11.00									
12.00	Doors open at 12. Welcome!						Mycorrhiza-Forest escape room		
13.00									
14.00					Womb Healing circle				
15.00			Wood-sculptures	Whispers of leaves		Graffiti for Kids	Mycorrhiza-Forest escape room		
16.00					Yin Yoga Flow			Outdoor fika	
17.00							Mycorrhiza-Forest escape room		
18.00									Rollin' Bistro Food'n'Drinks
19.00	Lily Arbor								
20.00						Trollisk ljud-ceremoni			
21.00	Markussen								
22.00									
23.00		Minoa							
00.00		Nasiri							
01.00									
02.00									

Into The Woods Saturday 22 july 2023

	Stage	Magical forest	Workshop tent		Brunnsbacka	Amphi-theatre	Meet-up at the festival sign	The fireplace	Food Court
09.00									
10.00					Vivation breath work				Dudas breakfast
11.00			Wood sculptures	Weave a knife sheet from bark		Mindful Flow	Mycorrhiza-Forest escape room		
12.00									Rollin' Bistro Food'n'Drinks
13.00					Breathe, listen, count, dance, play from traditional didjeridou to Markusen	Active Hope		Outdoor fika	
14.00							Mycorrhiza-Forest escape room		
15.00			Whispers of the leaves	Handmade broom and brush					
16.00			Make your own popcorn cone			Singing Bowl Journey	Mycorrhiza-Forest escape room		
17.00					Vinyasa yoga - Soft Flow				
18.00	Efia Abu								
19.00	Natalie Ruiz								
20.00	Daniel Lemma								
21.00									
22.00		Crussen							
23.00									
00.00		Classes Discoservice							
01.00									
02.00									

Into The Woods Sunday 23 july 2023

	Stage	Magical forest	Workshop tent	Brunnsbacka	Amphi-theatre	Meet-up at the festival sign	The fireplace	Food Court	
09.00									09.00
10.00				Forest Yoga with Ada				Dudas breakfast	10.00
11.00									11.00
12.00									12.00
13.00									13.00
14.00									14.00
15.00									15.00
16.00									16.00
17.00									17.00
18.00									18.00
19.00									19.00
20.00									20.00
21.00									21.00
22.00									22.00
23.00									23.00
00.00									00.00
01.00									01.00
02.00									02.00